



## Message from School Nurses October 12, 2021

Hunterdon County is in the **Moderate Covid Activity (Yellow)**.

### **Symptomatic Absences:**

*Any symptoms that are **COVID-19 compatible** must be reported if the child is **NOT** in school.*

- Call the attendance line: report the reason for the absence. Attendance line at 908-823-0454 Ext 1
- An individual with COVID-19 symptoms, (as specified below) will be excluded for 10 days without testing. Students may return to school if testing is done: results are negative, symptoms have improved and the student remains fever free for 24 hours.
- Siblings of symptomatic students will be excluded until a negative test is provided for the ill child.
- If the test is Positive call the school nurse and the Department of Health at 908-788-1351

**NJDOH recommends** everyone with the following **COVID-like symptoms** should be promptly isolated from others and excluded from school.

- At least two of the following symptoms: chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose;
- OR**
- At least one of the following symptoms: cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder. fever (measure or subjective)

### **Close Contact/ Quarantine Absences:**

The NJ Department of Health encourages families with close contacts to a positive case to quarantine for 14 days as it is ideal. If it is a hardship, guidelines in yellow permit a 10 day Quarantine. This may be different for household contacts.

Close contacts of a positive case must be quarantined for 10 days since last contact. **If you would like to return to school before 10 days you may return on day 8 if proof of a negative COVID test (done on days 5-7 post contact ) is presented to the Health Office.** Rapid and PCR tests are acceptable.